

## **Peaceful Warriors Student Creed**

- **I develop myself physically and mentally based on the Martial Arts spirit.**
- **I will only fight to protect my life and the lives of others**
- **I achieve my fullest potential in developing knowledge, honesty, and strength.**

## **Five Tenants of The Peaceful Warriors'**

**\* Integrity \*Courtesy  
\*Self-Control \*Perseverance  
\*Indomitable Spirit**

## **Black Belt Success Cycle**

**Set a goal  
Take Action  
Pay attention to details  
Practice, Practice, Practice  
Once you have the right formula  
These steps will lead to  
Mastery**

*The winning traits of a Peaceful Warriors' Black Belt comprise of our themes for the week; one area is worked on and developed each week in class. These are borrowed from Dr.Dennis Waitley's "The Psychology of Winning." We highly recommend the book or audio cassette series.*