

**Art Mason's Peaceful Warriors' Martial Arts Institute**  
**Windsor Class Schedule**  
**September 2009**

Class Description:	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b><u>Little Dragons</u></b> Children Ages 5-7 White Belt to Yellow Belt Green Stripe		<b>12:00-1:00</b> Adult All Belt		<b>12:00-1:00</b> Adult All Belt	<b>6:00-6:45</b> Junior BBC All Belt Class	<b>10:00-10:45</b> Junior Beginners All Ages
<b><u>Junior Classes</u></b> Children ages 8-13 White Belt to Yellow Belt Green Stripe	<b>5:15-6:00</b> Junior Green To Red	<b>5:15-6:00</b> Junior Beginners All Ages	<b>5:15-6:00</b> Junior Green To Red	<b>5:15-6:00</b> Junior Beginners All Ages	<b>6:45-7:30</b> Team Practices (See Schedules)	<b>11:00-12:15</b> Adult All Belt
<b><u>Intermediate</u></b> Green Belt to Blue Belt Red Stripe	<b>6:00-6:45</b> Little Dragons	<b>6:00-6:45</b> Junior Intermediate	<b>6:00-6:45</b> Little Dragons	<b>6:00-6:45</b> Junior Intermediate	<b>7:30-8:45</b> Adult Self Defense Class All Belts	
<b><u>Advanced</u></b> Red Belt and Black Belts	<b>6:45-7:30</b> Junior Beginners (ages 8-13)	<b>6:45-7:30</b> Advanced Juniors	<b>6:45-7:30</b> Junior Beginners (ages 8-13)	<b>6:45-7:30</b> Advanced Juniors		
<b><u>All Belt Class</u></b> Open to all ranks and members	<b>7:30-8:45</b> Adult Beginners	<b>7:30-8:45</b> Adult Advanced	<b>7:30-8:45</b> Adult Beginners	<b>7:30-8:45</b> Adult Advanced		
<b><u>Junior Black Belts</u></b> Black Belts Under the age Of 16 years						
<b><u>Black Belts</u></b> Black Belts over the age Of 16 years	<b>7:30-8:45</b> Intermediate Adults		<b>7:30-8:45</b> Intermediate Adults			
<b><u>Team Practices</u></b> Tournament Team & Demonstration Team Practices						

**Visit our student website!**

Any questions or comments regarding this new schedule  
please call our office at

**(519) 962-9820**

[students.thepeacefulwarriors.org](http://students.thepeacefulwarriors.org)